

## **AYURVEDA HOSPITAL**

### **PROCEDURES**

#### **1. Panchakarma – Rejuvenation & Detox**

Our Kerala Panchakarma procedures are performed by trained professionals under expert supervision in a well-equipped Panchakarma theatre.

- Special Bala Panchakarma Unit: Dedicated theatre for children with neuromuscular disorders, skin diseases, developmental issues & disabilities.
- Newborn Resuscitation: Handled by trained specialists.

#### **Available Therapies:**

- Abhyanga (Therapeutic Massage)
- Raktamokshana
- Ayurvedic Facial
- Lepana
- Bashpa Swedana
- Shirodhara
- Leech Therapy
- Avagahana
- Vamana
- Specialized Head Massage
- Pizhinchil
- Upanaha Therapy
- Virechana
- Shiropichu
- Shastika Shalipinda Sweda
- Cupping Therapy
- Basti
- Shirobasti
- Patra Pinda Sweda
- Nasya
- Talapothichil
- Udvartana

#### **2. Shalya Tantra (Surgical & Para-Surgical Procedures)**

A wide range of **Surgical & Para-surgical treatments** are provided, tailored to patient needs:

- **Agni Karma** – For Corn, Plantar Fasciitis, Mole/Skin Tag, Wart, Frozen Shoulder
- **Kshara Karma** – For Internal Haemorrhoids, Rectal Prolapse, Chronic Ulcer, Pilonidal Sinus

**Other Surgical Procedures:**

- Fissure in Ano (Lateral Internal Sphincterectomy, Anal Dilatation, Sentinel Tag Excision)
- Fistulectomy & Fistulotomy
- Kshara Sutra in Fistula-in-Ano
- Haemorrhoidectomy & Plication of Haemorrhoid
- Excision of Pilonidal Sinus, Sebaceous Cyst, Dermoid Cyst, Lipoma
- I & D in Breast Abscess, Excision of Breast Fibroadenoma
- Hydrocele Surgery
- Post Fracture Pain Management